

**STUDIU PRELIMINAR ELABORĂRII UNUI
PROGRAM DE EDUCAȚIE SANITARĂ
PENTRU PACIENȚII CU RISC
CARDIOVASCULAR (FACTORI DE RISC
INFLUENȚABILI PRIN MODIFICAREA
STILULUI DE VIAȚĂ)**

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Developing health education programmes that can reduce the risk of illness or decrease the risk of complications is an old goal, made with much professionalism by Avicenna, around 1000. However, even today medicine is much more involved in treating rather than in preventing ailments. The current study examines the progress of cardiovascular risk factors influenced by lifestyle and was conducted in Sfântu Gheorghe Hospital, on the basis of a questionnaire developed and pre-tested for this purpose. The results constitute a preliminary study that may help prevention professionals in that location to develop a health promotion material based on the peculiar characteristics of the area in which they work (conduct their business).