

COMPORTAMENTUL CU RISC LA ELEVI

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Risc behaviour is one of the most important public health problem in pupils all over the world. It can be studied in six main parts: smoking, drinking alcohol, drug consumption, unhealthy nutrition, avoiding phisical effort, unprotected sex. We have to know the reality and the impact of this phenomena in romanian high-schools, on critical ages. By applying sevaral question-tests in a sanitary high-school from Brasov City, we can understand where rise from the real causes of getting ill in adulthood. Education for health is necessary to correct wrong behaviours and a final test can proove the image of being healthy. The respect for good habbits and right models can be cultivated since early childhood.